

Always Tired? It Could be Sleep Apnea!



Bridgeport Hospital Featured Experts:



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After a full night's sleep, do you still feel tired during the day? Or do you, or does someone you love, snore loudly, gasp, choke or stop breathing while asleep? You or your loved one could have sleep apnea, a common but serious sleep disorder.

Come hear from sleep specialists who diagnose and treat a range of sleep problems. You'll learn the symptoms of sleep apnea, what to expect during a sleep assessment and the medical and surgical treatments available to fit your lifestyle. Best of all, you'll discover how you can feel rested and refreshed in the morning!

Monday, November 9, 2009

7:00 p.m. (Doors open at 6:30 p.m.), **Trumbull Marriott**

Reservations are required. Please call us toll free, 24/7, at **1-888-357-2396**.



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